

# [PDF] All Is Well: Heal Your Body With Medicine, Affirmations, And Intuition

Louise L. Hay, Mona Lisa Schulz M.D. Ph.D. - pdf download free book

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#### Books Details:

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#### Description:

**Review** “*All Is Well* is simply excellent. Dr. Mona Lisa Schulz has blended her expertise in health with the healing wisdom of Louise Hay, one of the leading icons of the human consciousness community. This book is a tribute to the intuitive genius of Louise, whose work as a role model for positive thinking pioneered healing first for people with AIDS and then for countless others.”

—**Caroline Myss**, *New York Times* best-selling author of *Archetypes: Who Are You?*

“In today’s world of too much information and too little wisdom, there is very little that gets to the heart of any matter—especially regarding health. But *All Is Well* does just that by combining medical

science and intuition. As a former RN, I insist on the latest medically proven scientific evidence when looking after my own health. But I also honor my story, my personal experiences, and my unique sense of intuition; I use these to inform my ability to find inner peace, health, and balance in everyday life. This book takes this same approach, and so when I started to read, I began to feel better immediately. If you read only one book about health this year, this is the one for you!"

—**Naomi Judd**, author of *Naomi's Breakthrough Guide*

"*All Is Well* is a must-read manual for the coming times when we will need to be our own spiritual physicians. The best health insurance is to learn how to stay healthy, and Louise L. Hay and Dr. Mona Lisa Schulz are wonderful teachers."

—**Doreen Virtue**, author of *The Healing Miracles of Archangel Raphael*

"We know the mind affects the body's physiology. We know there are emotional roots that underlie disease and that few diseases are purely biological. We know the benefits of affirmations like the ones Louise Hay has been teaching for decades. Yet never before have the scientific medical data, psychology, and spirituality—as well as the brilliant perspectives of Louise Hay and Dr. Mona Lisa Schulz—interlaced with each other so effortlessly. Whether you're facing an illness, working with patients, or simply seeking to live an optimally healthy life, read this wonderful book and let it inspire you. . . . The answers that follow may be your best medicine yet."

—**Lissa Rankin, M.D.**, author of *Mind Over Medicine* and blogger at [LissaRankin.com](http://LissaRankin.com)

--This text refers to the edition.

**About the Author** Louise L. Hay, the author of the international bestseller *You Can Heal Your Life*, is a metaphysical lecturer and teacher with more than 40 million books sold worldwide. For more than 30 years, Louise has helped people throughout the world discover and implement the full potential of their own creative powers for personal growth and self-healing. Louise is the founder and chairman of Hay House, Inc., which disseminates books, CDs, DVDs, and other products that contribute to the healing of the planet. Visit [www.LouiseHay.com](http://www.LouiseHay.com)

Mona Lisa Schulz, M.D., Ph.D., is one of those rare people who can cross the borders of science, medicine, and mysticism. She is a practicing neuropsychiatrist and an associate professor of psychiatry at the University of Vermont College of Medicine. She has been a medical intuitive for 25 years. Dr. Mona Lisa has published three books, *The Intuitive Advisor*, *The New Feminine Brain*, and *Awakening Intuition*. She lives between Yarmouth, Maine, and Franklin, Tennessee, with her four cats and assorted wildlife. Website: [www.DrMonaLisa.com](http://www.DrMonaLisa.com)

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