

[PDF] Love Smart: Find The One You Want-- Fix The One You Got

Dr. Phil McGraw - pdf download free book



Books Details:

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Description:

13-digit ISBN is 9780743272094 Targeted primarily at single women looking for a clear formula that leads in the direction of marriage, *Love Smart* also aims to refresh current marriages that feel a bit lacking. Whether readers find it helpful will depend partially on their sense of humor—Dr. Phil titles one chapter "Bag 'em, Tag 'em and Take 'em Home", a pretty fair example of the rest of the jokes and the general attitude of the book's advice. Marriage is what it's about, and the dating game has specific rules that, once learned, any "player" can use to succeed. While not quite as strict as the

infamous *The Rules*, this is a manual that treats marriage as a prize, winnable only by those who regard old-fashioned rules as the only possible set.

An early exercise suggests that women make detailed lists of the qualities they're looking for in a mate; five broad categories cover everything from social skills to physical appearance. Once a clear picture is formed of the ideal partner, it all boils down to marketing. Dr. Phil discusses conversation skills such as developing "icebreaker" questions and even digs up some of the old-school techniques that suggest checking headlines just to offer up-to-date topics, and making sure to ask questions about your date, rather than revealing much about yourself. Suggestions for internet dating are included in a separate chapter, and later chapters go into specific questions that cover personal background and relationship history in great detail.

The combination of new school humor with old-fashioned advice will appeal to women who are looking for both a plan for partnership and goofy jokes to lighten the pressure. Dr. Phil offers both in spades. *Jill Lightner* --This text refers to an out of print or unavailable edition of this title.

About the Author "Dr. Phil" (Phillip C. McGraw, Ph.D.) is the host of America's number-one daytime talk show and is perhaps the most well-known expert in the field of psychology and human functioning in the world today. In his 16th year on television and his 11th year of the *Dr. Phil* show, he has devoted his international platform to delivering common sense information to individuals and families seeking to improve their lives. Passionately pursuing such topics as family functioning, domestic violence, anti-bullying, addiction and the myths of mental illness, he works tirelessly both on and off the air. Dr. Phil has carried his message from the senate chambers of Washington, D.C. to the suburbs and inner cities across America. He and Robin, his wife of 38 years and counting, along with their "wonder dog," Maggie, reside in Southern California, as do his two sons, Jordan and Jay, along with daughter-in-law, Erica, and two grandchildren, Avery Elizabeth and London Phillip.

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